

INDEPENDENCE BRANCH Empowering women since 1940 Vol. 83 No. 5 January 2023

AAUW advances gender equity for women and girls through research, education and advocacy.

Renee's Message:

The month of January is full of looking back over the previous year, looking forward to the new year ahead and thinking about how to make the most of the gift of another year. I have never made a New Year's Resolution. I certainly consider things I want to accomplish over the coming year and that might be what you are doing, as well. Popular goals include healthier choices, better financial choices, and/or how we spend our precious time. As the new year begins, I challenge you to think a little differently. For example, laughing is incredibly healthy and FUN. How about we all strive to laugh more? Like really laugh. If we laugh,



and it is actually a fake laugh, our bodies don't know the difference and the same positive impact occurs. When it comes to financial choices, maybe we should consider how our spending will impact those closest to us? Time, our most valuable resource, might be best spent on creating ways to laugh more, share time with loved ones, and help out someone in need. These are just a few of my goals and they may spark some thought for you.

Happy New Year!

Renee

Upcoming Events:

January 24, 2023 ~ AAUW Independence Branch Meeting ~ Social Time – 6:30 pm/Meeting 7 pm. Program: "New Refugee Experience in the U.S.", presented by Karen Wright, Literacy KC.

February 14, 2023 ~ AAUW Book Club ~ *The Light We Carry* by Michelle Obama, led by Gail Metcalf Schartel. 10:30 am, Jane Campbell's house.

Public Policy ~ Kelley Reetzke, submitted by Sue Shineman

Passage of the Pregnant Workers Fairness Act!

You did it! Because of committed activists like you, the Senate voted 73 to 24 yesterday to pass the Pregnant Workers Fairness Act (PWFA). With this overwhelming bipartisan support, PWFA passed as an amendment to the omnibus bill and will soon become law!

This momentous win will allow millions of pregnant people to **finally** provide for their families without compromising their health or pregnancies. It's about time!

I can't thank you enough for never giving up on a safer future for all workers! After the pandemic laid bare our country's desperate need for paid leave and other family-friendly policies, I truly believe we're on the cusp of revolutionary change ... change that wouldn't be possible without you.

Together, we kept up the pressure on Congress to pass the PWFA, which will:

- Give pregnant workers access to basic accommodations like carrying a water bottle and taking bathroom breaks.
- Clarify that it is unlawful to discriminate against pregnant workers by forcing them out of their jobs unnecessarily or denying them reasonable accommodations.
- Prohibit employers from retaliating against pregnant workers who request accommodations.

This year, our advocacy took the form of countless letters to elected officials, in-person meetings with policymakers, a rally at the U.S. Capitol, social media posts and more.

For all the ways you're making a better world for women and girls, I am grateful beyond words.

Wishing you a safe and cozy winter,



Gloria L. Blackwell Chief Executive Officer

Membership ~ Barbara Leabo, Vice President

Membership: Our chapter gained a new member, Patty Petet, at our Christmas luncheon. Please invite people to our meetings. We need to continue to grow.

College/University. The state committee meets on ZOOM every month to discuss what's going on at different campuses throughout Missouri. Our chapter's committee always has something to share. We will be at Blue River MCC on March 7th for Equal Pay Day and Voter Registration. Let Sue Shineman or Barbara Leabo know if you'd like to help from 10:00 AM until 1:00 PM.

AAUW National Election Update:

Starting the week of January 16, AAUW members will be able to comment on and propose changes to the AAUW bylaws and Public Policy Priorities—an opportunity that comes around every other year. <u>AAUW's website</u> will provide all the information you need to tackle this important task. Comments can be submitted until Friday, January 27, at 5:00 pm ET.

Creating Inclusive Spaces – National Webinar – Sue Shineman, DEI

How do you create inclusive spaces? What does it mean to create an inclusive space? Diversity is only the beginning, and it isn't enough. To create truly diverse spaces, those spaces also need to be inclusive, where all parties feel welcomed, appreciated, respected and heard — and have full access to all resources and can contribute to AAUW's success. Join the national AAUW Inclusion and Equity Committee in this conversation.

You may need to copy and paste this link in your browser.

https://www.youtube.com/watch?v=9zFKQ33aWq4&list=PLTL0yfGgwGXMyK_sroxeiKh4St RXtW3aN&index=1 (58 minutes and 20 seconds)



Inclusion is a sense of belonging. Inclusion is about personal feelings. If a person doesn't feel included, then they are not. It is all about how each person feels, not about how the organization thinks or feels it is doing. The process of inclusion engages each individual and makes people feel essential to the success of the organization.

Inclusive environments make people feel respected and valued for who they are as an individual or group. We do our best when we feel a level of supportive energy and commitment from others. Inclusion often means a shift in an organization's mind-set and culture that has visible effects, such as participation in meetings, 'get-to-know-you' type activities, seating arrangements, open communication with members and guests, and keeping all members informed.

Environments where people feel supported, welcomed, respected, and valued are actually more productive; everyone feels a greater connection to the organization's mission.

Appreciating Our Differences

Inclusion is an organizational effort. To be truly inclusive, we often must change the culture — and culture shifts can make people uncomfortable or give the sense that they are losing something.

We must be aware of all differences and situations, and practice how we approach different groups or individuals with backgrounds that are culturally and socially different than ours.

These differences could be self-evident, such as national origin, age, race and ethnicity, religion/belief, gender, marital status, and socioeconomic status, or they could be more acquired, such as educational background, training, personal experience, organizational tenure, even personality, such as introverts and extroverts.

Diversity vs. Inclusion vs. Belonging

Diversity refers to characteristics, the dimensions that make each of us unique. **Inclusion entails behaviors and actions** that make us feel welcomed or not. An environment that creates a sense of belonging, where everyone feels welcomed and included, is essential for the success of diversity efforts. **Belonging is feeling** like you are a part of something, that you really matter. It isn't necessarily about being liked — but rather being needed.

AAUW needs all these things together — diversity, inclusion, and belonging — for our branches to continue to grow and thrive. Submitted by Sue Shineman, DEI

December 2022 - AAUW-Independence Financial Report Patt Braley, Financial Officer

CHECKING ACCOUNT

TOTAL RECEIPTS	12/14/2022	Deposit - December Luncheon	\$ \$	28.00 816.50		\$	816.50	
	12/14/2022	1 8	\$	497.50				
	12/14/2022	Deposit - New Member Dues	\$	93.00				
	12/5/2022	Deposit - December Luncheon	\$	140.00				
	11/28/2022	Deposit - December Luncheon	\$	28.00				
	11/28/2022	Deposit - Bridge Money	\$	30.00				
RECEIPTS	11, 20, 2022				Ŷ	0,55		
BALANCE ON HAND 10/1/2022	11/28/2022				Ś	6,95	7.68	

ISDF Temporarily Restricted Account								

WOMAN OF ACHIEVEMENT GUIDELINES FOR NOMINATION (Form is on the following page)

Fill out the nomination form for Woman of Achievement and return to Joyce Gillespie, Woman of Achievement Chair, no later than March 31, 2023. <u>Joyceannegillespie@yahoo.com</u> or 6140 Raytown Rd, Apt 401, Raytown, MO 64133-4016

1) Nominations are to be made by branch members.

2) Nominee must work or have worked, or volunteer or have volunteered in the Independence, MO area.

3) Membership in AAUW is optional.

4) A branch member must submit a written nomination listing the Nominee's achievements in the areas of: Professional / Career Experience and Volunteer / Special Activities and Educational Background (college degree is not required)

5) A brief statement of personal recommendation by the AAUW member making the nomination.

Joyce Gillespie

AAUW Independence Branch Woman of Achievement Nominee

(Please feel free to submit the information in your own words or in paragraph format. Include any recommendations, words of accolade from friends or co-workers). Attach additional pages as needed. Name: _____ Address: Phone _____ Mobile Phone _____ e-mail _____ AAUW Member making this nomination: ______ Member Phone/Mobile Phone: e-mail NOMINEE'S INFORMATION Professional / Career Experience: Volunteer / Community Activities: AAUW Activities (if a member) Educational History and Achievements: On the reverse side, please write a brief statement telling the committee why you feel this nominee should be considered for this award. Member Signature _____ Date _____ Send nominations to Joyce Gillespie, no later than March 31, 2023. Joyceannegillespie@yahoo.com or 6140 Raytown Rd, Apt 401, Raytown, MO 64133-4016

Thank YOU!

and

Congratulations!

Thanks to your generosity, we met our goal for the national FUND - \$1774.00!

PLUS

\$100 was contributed as a memorial to the ISDF scholarship fund

AND

\$657.50 was contributed for Branch Needs to date Twelve members will be honored for Branch Century Club, six will receive State Century Club honors,

and three will receive State Century Club Plus honors.

Our branch has met 4/5 goals for the Fund Star in the MO Star Award and Branch Action Plan 2022-2023:

- \$30/capita sent to AAUW we sent \$38.57/capita
- 1 Century Club member/25 branch members = we have 6
- 1 Century Club Plus member/50 branch members = we have 3
- Appointed a branch AAUW Fund chair who communicates with State Fund Chair Yes
- Have 50% of branch members give individually to Greatest Need Fund we met 35%, which still shows strong commitment to national AAUW by our Independence Branch!

Thank you again for your financial commitment to AAUW. We look forward to recognizing and celebrating our Century Club members at the May meeting.

Lois Domsch, AAUW Fund Chairperson

REENTRY SCHOLARSHIP AWARDS 'HIGH TEA'



SATURDAY, APRIL 15, 2023 10:30 A.M. –12:30 P.M.

Joy Coffee – Café & Coffee Shop

14300 E US Hwy 40, Independence, MO 64055

I-70 to south on Noland Road to 40 Hwy. 1 block east of Noland Road Next door to Church of the Four Corners

HOSTED BY THE INDEPENENCE BRANCH

COST: \$30

Cost helps pay for meals of scholarship winners and their guests

AAUW Independence Branch Meeting Minutes.....December 10, 2022

AAUW Independence Branch Christmas Luncheon

Members in Attendance: Pat Bounds, Patt Braley, Jane Campbell, Patty Chadwick, Lisa Cox, Lois Domsch, Renee Freers, Jan Keeler, Barbara Leabo, Sharon Mitchell, Chris Nagel, Sue Raymond, Sue Shineman, Judy Tucker

Guests: Debbie Abbott and Patty Petet

The Luncheon began at 11 am. Pat Bounds led the meeting with a Christmas Reading and a Holiday Song game. Stockings were available at each seat, filled with candy bars, to purchase as a donation to AAUW Independence Branch. (The total collected thus far is \$497.50.) There was not a business meeting held at the luncheon. Members and guests in attendance enjoyed a luncheon of Chicken Lemonata in white wine sauce, Toasted Ravioli, Stuffed Pasta Shells with tomato sauce, Tossed Salad, Broccoli Normandy, Hot Garlic Toast, and assorted beverages. The Luncheon concluded at approximately 1 pm.

Respectfully submitted by,

Lisa Cox